

Coaching for Growth and Development Using Applied Gestalt Theory

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| Format | Blended Learning: Streaming video on-demand plus 1-hour online session with faculty |
| Fee | \$240 (\$645/set of three) |
| CE hours | 3 each program (9 for all 3) |
| Faculty | Stuart Simon, LICSW, MCC Mary Anne Walk, MA, MBA, MS, MCC Sharona Halpern, MA, LMHC Jackie Sherman, PhD, PCC |
| Sessions | One-hour live-online follow-up sessions Next session offered: November 7, 2018 |



1. Polarities: Focusing on Well Developed and Less Developed Competencies

This blended learning program (video plus follow-up session) focuses on coaching applications of the Cape Cod Model®, a unique intervention technique which identifies and addresses the Well Developed/Less Developed® skills of an individual and supports the individual's competencies and ability to move towards change. In addition to working with the Well-Developed/Less-Developed® skills in an individual, we explore the use of polarities in reducing resistance to change. Simon/Walk

2. Resistance: Working with Resistance through Contact and Awareness

This blended learning program focuses on coaching applications of the cycle of experience, and, specifically, the role of awareness and contact in influencing and supporting the client. The program explores ways of understanding and working with resistance to support the client's intentions during coaching. Participants will learn to employ structured feedback techniques using awareness, contact, and resistance as powerful coaching tools. Simon/Walk

3. Presence: Developing Your Presence for High-Impact Coaching

This blended learning program focuses on presence as it impacts the coaching engagement and supports the intentions of the client. Participants will begin to explore aspects of their coaching presence that are well developed as well as their developmental edge and learn to use structured feedback techniques as powerful coaching tools. Simon/Halpern

Benefits

Participants will:

- Learn to use the competency perspective and structured feedback techniques of the Cape Cod Model® as powerful coaching tools
- Have the opportunity to view the didactic and demonstration of the process for each topic
- Work on an assignment that will be debriefed and discussed in the live-online group follow-up session
- Develop insight and new approaches to current work situations and challenging coaching clients
- Have an opportunity for practice
- Have unlimited access to the video content to deepen and reinforce learning

Participants

These blended learning programs are designed for people who practice coaching or who are considering the practice of coaching and for those who wish to use these concepts and behaviors.

ICF has certified each program for 3 core competency hours.

Participants must complete video plus live-online session to receive continuing education credit.

"This was a terrific way to refresh my knowledge with a master and earn CE credits. I was able to use what I learned immediately."

**Rosalind Spigel, ACC, GCC
OD Consultant & Coach**



Registration Form

Name: _____ Male: Female:

Company Name: _____ Position: _____

Preferred Mailing Address - Work / Home : _____

City/State/Province/Postal Code/Country: _____

Work Phone: _____ Home Phone: _____

Mobile Phone: _____ Email: _____

Current Profession (please check all that apply):

Coach Consultant/OD Psychotherapist Leader/Executive Nonprofit Educator Other _____

Professional Affiliations/Associations:

ICF (Int'l Coach Federation) OD Network APA Other (please specify) _____

How did you hear about this program? _____

If by referral, from whom? _____

Please register me for:

| Program Title | Date | Fee |
|---------------|-------|-------|
| _____ | _____ | _____ |
| _____ | _____ | _____ |

I am a GISC Member: I would like to join GISC: \$125/year

Total: _____

Invoice my organization: _____

I have enclosed a check or money order payable to GISC (US funds only):

Charge my: Visa Mastercard American Express

Name as it appears on card: _____

Account Number: _____ Expiration Date: _____

Signature: _____

Cancellation Policy: Refunds are available up to 21 days prior to a program, less a \$35 administration fee. When cancellation is made with a notice of 20 days or less, tuition will not be refunded, but may be applied to a future program within the next calendar year.

Mail or fax along with your payment to:
Gestalt International Study Center, PO Box 515, South Wellfleet, MA 02663-0515, USA

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